

Community Psychiatric Treatment Services (CPST)

Currently, Ohio's Medicaid ABA Benefit. However, it is very fragmented with only four community mental health centers providing ABA treatment at this time.

CPST services provide mental health treatment and case management services. CPST is a service offered by community mental health centers (CMHCs) licensed by the Ohio Department of Mental Health & Addiction Services.

Per Ohio rule, activities of the CPST service shall consist of one or more of the following:

- (1) Ongoing assessment of needs;
- (2) Assistance in achieving personal independence in managing basic needs as identified by the individual and/or parent or guardian;
- (3) Facilitation of further development of daily living skills, if identified by the individual and/or parent or guardian;
- (4) Coordination of the Individual Service Plan (ISP), including:
 - (a) Services identified in the ISP;
 - (b) Assistance with accessing natural support systems in the community; and
 - (c) Linkages to formal community service/systems;
- (5) Symptom monitoring;
- (6) Coordination and/or assistance in crisis management and stabilization as needed;
- (7) Advocacy and outreach;
- (8) As appropriate to the care provided to individuals, and when appropriate, to the family, education and training specific to the individual's assessed needs, abilities and readiness to learn;
- (9) Mental health interventions that address symptoms, behaviors, thought processes, etc., that assist an individual in eliminating barriers to seeking or maintaining education and employment; and
- (10) Activities that increase the individual's capacity to positively impact his/her own environment.

For CPST providers, please see the following CMHCs contact information on our "Find Provider" tab:

- **The Silver Lining Group**
- **The Children's Home of Cincinnati**
- **The Autism Center at Nationwide Children's Hospital**
- **Home For Kids & Child Family Solutions.**

